

July



2021

Volleyball

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	28 Weightlifting 6:30-8:00 BB Summer League 6:00&7:00	29 Weightlifting 6:30-8:00 Open Gym 8:00-10:00	30 Weightlifting 6:30-8:00	1 Weightlifting 6:30-8:00 Open Gym 8:00-10:00	2	3
4	5	6 Weightlifting 6:30-8:00 Open Gym 8:00-10:00	7 Weightlifting 6:30-8:00	8 Weightlifting 6:30-8:00 Open Gym 8:00-10:00	9	10
11	12 Weightlifting 6:30-8:00 VB CAMP 7-12 grade 8am-10am; 3-6 grade 10-12	13 Weightlifting 6:30-8:00 VB CAMP 7-12 grade 8am-10am; 3-6 grade 10-12	14 Weightlifting 6:30-8:00 VB CAMP 7-12 grade 8am-10am; 3-6 grade 10-12	15 Weightlifting 6:30-8:00 VB CAMP 7-12 grade 8am-10am; 3-6 grade 10-12	16	17
18	19 Gym Closed for Refinishing	20 Gym Closed for Refinishing	21 Gym Closed for Refinishing	22 Gym Closed for Refinishing	23 Gym Closed for Refinishing	24 Gym Closed for Refinishing
25 Gym Closed for Refinishing	26 Gym Closed for Refinishing	27 Gym Closed for Refinishing	28 Gym Closed for Refinishing	29 Gym Closed for Refinishing	30 Gym Closed for Refinishing	31 Gym Closed for Refinishing
1 Gym Closed for Refinishing	2 CONDITIONING WEEK	3 CONDITIONING WEEK	4 CONDITIONING WEEK	5 CONDITIONING WEEK	6 CONDITIONING WEEK	7